



Providing  
Basic Nutrition  
To People In Need

VITAMIN ANGEL ALLIANCE



Vitamin Angels Newsletter 8.06

### ***In this issue:***

- [Mississippi Nutrition Project](#)
- [Wants & Needs](#)
- [Vitamin Angel Alliance - Product Distribution Report](#)

## Mississippi Nutrition Project

Friends,

Last week we launched our Mississippi Nutrition Project at the Ruleville Elementary School in Ruleville, Mississippi. In the heart of the Delta, Ruleville is a poor rural community with enough problems to fill a big city. Drugs, alcoholism, unemployment, abuse, and poverty are everywhere in this small town. Fortunately at the center of Ruleville is the Ruleville Elementary School and Principal Bessie Gardener. With an introduction from our friends at Vitamin Relief USA and support from Mrs. Gardener, **Vitamin Angels** launched our multiple vitamin program with a generous donation from Univera Life Sciences (their Essentials product contains – vitamins, minerals, essential fatty acids, fiber, and antioxidants). In the first year we will be reaching 2,000 children in 4 elementary schools in this region. **Vitamin Angels'** commitment is to start with a 3 year nutrition campaign and bring better health to the children in and around Ruleville.

*Thanks to everyone who supported this month's work; Our terrific BOD – Elliott Balbert, Tom Aarts, Barclay Hope, Jeff Markel, Yvon Bastien and Bill Sechrest; Loren Israelsen who is co-chairing our Advisory Board; our outstanding PR partners at IMG, Jeff Hilton and Courtney Jacobs; Michael and Mary Morton and our friends at Vitamin Relief USA; Mrs. Bessie Gardener and all of the teachers and our supporters in Ruleville; Mr. Stephen Cherniske and the terrific folks at Univera Life Sciences; Direct Relief International; our videographer, Catherine Bennett; filmmaker Sevan Matossian; Alissa & Gillian Sears at Christie Communications; our Intern Jennifer Marsh; and to all of our wonderful supporters!*

[Back to Top](#)

## Wants & Needs

We are in need of **financial contributions** to help support our work. We also need **planned production** of children's chewable vitamins (multiples), adult multiples, prenatals, and fish oil capsules. Please contact Megan at: 805 564 8400 or [info@vitaminangel.org](mailto:info@vitaminangel.org) to arrange for a financial contribution or a product donation.

*Thanks to our supporters and donors this month: Rainbow Light Nutritional Systems; Tishcon; Pharmachem Laboratories; Nordic Naturals; NOW Health Group; Wild Oats; Future Foods; Univera Life Sciences; Pharmavite; Drs. Wu; Jarrow Formulas; Pro-Health; Tasoma; Pharmakon Labs Inc.; GNLD; Shaklee Corporation; NAI; Water Pure Inc; and Panacea Creams.*

As always, please forward this newsletter to all of your friends and colleagues. We spend no money on advertising so we rely on you, our friends, to help get the word out and get people to our site ([www.vitaminangel.org](http://www.vitaminangel.org)) so they can see the scope of what we are accomplishing and make needed contributions. Your support and encouragement make all of this possible!

Best,

Howard B. Schiffer

[Back to Top](#)

## Vitamin Angel Alliance - July Product Distribution Report - 7.1.06 – 7.31.06

### Afghanistan

#### Jul 7, 2006 **Marie Stopes Afghanistan**

Afghanistan is a landlocked country of nearly 30 million people in Southern Asia. Scarce access to prenatal or obstetrics care has caused Afghan women to suffer one of the highest maternal mortality rates in the world. Marie Stopes International provides reproductive health and maternal and child health service. This donation included nutritional supplements.

### Dominican Republic

#### Jul 18, 2006 **Movimiento Socio Cultural Para Los Trabajadores**

The Social Cultural Movement for Haitian Workers in the Dominican Republic has constructed a new clinic located in the capital city of Santo Domingo. The target population of the MOSCTHA network includes primarily Haitian citizens who were recruited to cut sugar cane in the extensive agricultural fields of the Dominican Republic. These migrant workers and their families are not given legal status, are forced to work long hours, and live in miserable conditions with very little access to health care, education, or gainful employment. **Vitamin Angels** donated children's multivitamins and pre-natal vitamins.

### Honduras

#### Jul 24, 2006 **Comite de Emergencia Garifuna**

The Emergency Committee for the Garifuna works with 10 rural communities and one hospital

providing primary medical care and AIDS education in geographically remote areas of Honduras. The Garifuna peoples have retained much of their African-based culture, including their language, music, and dance traditions, as well as their farming and fishing methods. Honduras is one of the poorest and least industrialized nations in Central America, and the Garifuna people are frequently overlooked in their government's centralized medical materials distribution system which focuses primarily on the country's urban centers. **Vitamin Angels** donated nutritional supplements to these often-neglected indigenous families.

## □USA

### Jul 18, 2006 **Santa Barbara Neighborhood Clinics**

The Santa Barbara Neighborhood Clinics (SBNC) offer low cost medical care to people of all economic means. Services offered include family practice, internal medicine, pediatrics, family planning, gynecology, and immunizations. SBNC also provides free HIV and Hepatitis C testing. They offer programs in peri-natal services, smoking cessation, and obesity prevention. All patients are provided care on a sliding scale fee system based on ability to pay and 30 percent of patients are self-paying. This donation to the SBNC consisted of multivitamins.

### Jul 25, 2006 **Tarzana Treatment Centers**

Since 1972, Tarzana Treatment Centers (TTC) have provided high quality, affordable health care and treatment services to indigent populations in the Los Angeles area. TTC's services are focused around four main areas: alcohol and other drug treatment, HIV/AIDS screening, education, and treatment services, mental health treatment, and primary outpatient medical care. Included in **Vitamin Angels'** shipment to TTC were multivitamins.

### Jul 25, 2006 **Community Care Health Centers**

The Community Care Health Centers (CCHC) was founded in 1970 to meet the growing need for affordable health care in throughout the greater Orange County community. Female patients make up 74 percent of CCHC's population and because of this CCHC has had a strong focus on maternal and child healthcare services. Included in this shipment to the clinic were multivitamins. Health conditions of these often-neglected indigenous families.

## □Afghanistan

### Jul 28, 2006 **Afghan Health and Development Services**

Since 1990, Afghan Health and Development Services (AHDS) has served millions of Afghans through a network of primary health clinics. The organization's target population is the over 900,000 people residing in the remote Kandahar region. Major health issues throughout Afghanistan include upper respiratory infections, intestinal worms, malnutrition, and one of the highest rates of maternal and infant mortality in the world. This donation consisted of nutritional supplements.

## □Indonesia

### Jul 12, 2006 **Muhammadiyah**

Official totals for the May 27th earthquake that struck Central Java currently stand at 5,778 deaths, 37,883 people injured, 139,859 houses completely destroyed, 468,149 houses damaged, and 2.7 million people affected. The emergency phase of the earthquake has officially ended but there are still major health-related concerns and humanitarian needs that have not been adequately addressed. **Vitamin Angels** emergency shipment consisted of nutritional supplements.

## □Zambia

October 16, 2006 **Zambia**

Two containers containing products donated by **Vitamin Angels** were shipped to Zambia. Located in south central Africa, it is among the top three poorest nations in the world. An estimated 1.4 million people in Zambia lack sufficient food. There are more than 680,000 orphans living in the streets of Zambia. The incidence of HIV/AIDS is the second highest in the world, affecting sixteen and one half percent (16.5%) of the nation. The life expectancy of the average Zambian is only 40 years. Food and medical services are desperately needed in Zambia where eighty-six percent (86%) of the people live below the poverty level. This donation from **Vitamin Angels** consisted of multivitamins.

[Back to Top](#)

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