

Educational Videos for Infant & Young Child Feeding

Vitamin Angels is committed to building field partner capacity and learning by providing the following learning tools. Contact your Vitamin Angels representative to request a learning tool or visit our website at www.vitaminangels.org/educational-materials for additional languages and more information.

Breastfeeding and Complementary Feeding Videos		
New videos are being added all the time. The list below is an example of videos and not a full list. Please see the Global Health Media website at https://globalhealthmedia.org/videos/ for a full list of videos available for mothers, caregivers, and health workers.		
Topic	Mothers and Caregivers	Health Workers
Click the titles below to link to the individual videos		
Breastfeeding 0 – 24 months	<ul style="list-style-type: none"> • Breastfeeding in the First Hours • Positions for Breastfeeding • Attaching Your Baby at the Breast • What to do About Breast Pain • How to Express Breastmilk • What to do About Nipple Pain • Is Your Baby Getting Enough Milk • Increasing Your Milk Supply • Storing Breastmilk Safely 	<ul style="list-style-type: none"> • Early Initiation of Breastfeeding • Helping a Breastfeeding Mother • Breastfeeding Attachment • Breastfeeding Positions • Not Enough Milk • Nipple Pain • Expressing and Storing Breastmilk • Breast Engorgement
Nutrition 6 – 24 months	<ul style="list-style-type: none"> • When to Start Your Child's Solid Foods • Feeding Your Baby, 6-12 months • Feeding your Child, 1-2 years • What to Feed Your Young Child • How to Keep Your Child's First Foods Safe • Feeding Your Child During and After Illness • How to Feed Your Child With Care • Breastfeeding When You Go Back to Work 	<ul style="list-style-type: none"> • Nutrition Counseling Visit for Young Children • When to Start Solid Foods • How Much and How Often to Feed the Young Child • What to Feed Young Children • How to Feed the Young Child with Care • Feeding the Child During and After Illness
Other 0 – 24 months	<ul style="list-style-type: none"> • Childbirth • Newborn • Small Baby 	<ul style="list-style-type: none"> • Preparing the Birth Room • Birthing the Baby • Home Visit for the Newborn
Languages are being added all the time. If you would like to add a language please contact us at technicalservices@vitaminangels.org.		

Videos developed by:

