Many countries with vitamin A deficiency are also endemic with soil-transmitted helminths (STH) or “intestinal worms”—this contributes to child undernutrition. Providing deworming to children together with vitamin A is a simple, effective way to improve a child’s vitamin A status and overall health.

Deworming through mass drug administration (MDA) can help:
• Prevent or eliminate intestinal worms that rob the body of essential nutrients

Recommendations:
• ALWAYS crush deworming tablets for ALL children under 5 years
• Never send deworming home with a caregiver to give to the child later
• After giving albendazole (deworming) to a child, you may give them clean drinking water in a clean cup. If clean water is not available, boiling, filtering, or chlorinating water can make it safe to drink
• If mebendazole is used, provide clean drinking water for children

Deworming Dosing Instructions

Albendazole (400 mg)

Infants younger than 1 year (0-11 months)

Do not give to infants younger than 1 year (0-11 months) of age

Place albendazole tablet inside a folded piece of paper, then crush with a glass bottle.

Use folded piece of paper to slowly pour the crushed tablet into the child’s mouth. Never force a child to take deworming and do not give it to a child who is crying.

Give children ages 1 year up to 2 years (12-23 months) a half tablet of albendazole - store the other half to use for another child.

Give children ages 2 years up to 5 years (24-59 months) a whole tablet of albendazole.

Give to children 1 year up to 5 years (12-59 months) of age. It is safe and effective to give deworming in combination with vitamin A every 4-6 months.

How often

For more information contact: programs@vitaminangels.org
Use of Vitamin Angels’ Deworming Tablets:
Vitamin Angels provides donations of deworming tablets to be used only for children ages 12-59 months. WHO and UNICEF recommend that deworming be given together with vitamin A 200,000 IU supplementation.

Storage:
Store in a COOL, DRY place. Keep bottle tightly closed.

Never send deworming home with a caregiver to give it to the child later.

WARNING: This product should be administered by trained healthcare providers. Do not take this product without direct supervision by qualified healthcare personnel.

STORE THIS PRODUCT OUT OF REACH OF CHILDREN.