

# Kuwalea Watoto Wenye Afya

Vitamin A Inaokoa Maisha na Macho

VITAMIN A + CHAKULA CHENYE AFYA

MIEZI 6-11

MIEZI 12-59

UMRI SAHIHI KUPATA  
DOZI 1 KILA BAADA  
YA MIEZI 4-6

Miezi 0 hadi 6: Kunyonyesha pekee  
Miezi 6 had miaka 2: Nyonyesha + vyakula nyongeza