Part 1

Community Education

1. Welcome children and caregivers
2. Deworming given today
3. Explain age to dose relationship
4. Give every 4 to 6 months
5. Benefits of deworming:
   - Free of worms for better nutrition
6. Side effects that may occur:
   - Nausea
   - Vomiting
   - Headache
   - Mild Abdominal Pain
   - Diarrhea
   - Fatigue
7. Rare side effects: only 5 out of 100 children
8. Side effects last a maximum of 2 days
9. For symptoms beyond 2 days, or if other symptoms develop, get medical help
10. Other effects of deworming: Worms may be in the stool or in very rare cases exit nose or mouth – these can be pulled out or spit out
11. Very safe; even with vaccines
12. Ask for questions
Part 2a

Eligibility Criteria to Qualify

13. Ask for child's name and health card – use to verify name, age, and last dose

14. Check for eligibility. Child is not eligible for a service unless they meet all criteria listed below that service. 
Never send deworming home with a caregiver to give to the child later

Qualify for Deworming

- 12-59 Months (1 year up to 5 years)
- Ask: How old is your child?
- Check: Age is 12-59 months
- Show deworming tablets to caregiver
- Ask: When did child last receive deworming?
- Check: No deworming in past 1 month

Ask caregiver if child has any of the following today. If so, do not give service and refer child for medical help.

For deworming – OBSERVE and make sure there is NO:

- Severe Difficulty Breathing Today
- Vomiting Today
- Fever Today
- Severe Diarrhea Today
**Part 2b**

**Giving Deworming**

15. **Clean your hands**

16. **Choose dose by age. If using a half tablet, store the other half to use for another child.**

17. **Crush tablet into fine powder with a glass bottle. ALWAYS crush deworming tablets for ALL children under 5 years.**

18. **To prevent choking, ask and make sure child is calm. Never force a child to take deworming and do not give it to a child who is crying.**

19. **Caregiver holds head and helps child open mouth. Do not touch child, use folded paper to slowly pour powder into child’s mouth.**

20. **Discard paper in waste container**

21. **Ask if child chewed and is okay**

**12-23 Months (1 year up to 2 years)**

- **CRUSHED**
  - 200 mg

**24-59 Months (2 years up to 5 years)**

- **CRUSHED**
  - 400 mg

**OPTIONAL:** After giving deworming to a child, you may give them clean drinking water in a clean cup. If clean water is not available, boiling, filtering, or chlorinating water can make it safe to drink.

- **Give the caregiver a disposable cup with clean drinking water to give to the child**
- **Discard disposable cup in waste container**
Part 3  Recordkeeping and Exit Counseling

22 Record doses given on register and health card

23 Write return date for child and tell caregiver when to return

24 Very safe; even with vaccines

25 Side effects that may occur:

- Nausea
- Vomiting
- Headache
- Mild Abdominal Pain
- Diarrhea
- Fatigue

26 Rare side effects: only 5 out of 100 children

27 Side effects last a maximum of 2 days

28 For symptoms beyond 2 days, or if other symptoms develop, get medical help

29 Other effects of deworming: Worms may be in the stool or in very rare cases exit nose or mouth – these can be pulled out or spit out

30 Benefits of deworming:

Free of worms for better nutrition

31 Ask for questions

Alternate Crushing Methods

Crush with spoons

Crush with mortar and pestle

If giving Mebendazole substitute this step for step 16

12-59 Months

CRUSHED

500 mg

16 Same dose for ALL children under 5 years
Notes
Job Aid
Visual Checklist for Deworming

Instructions: This visual checklist is a picture version of the performance checklist for deworming. Each of the 31 steps in the performance checklist appear here in image form. The purpose of this visual checklist is to help you when you are delivering deworming and when you are coaching others to provide deworming, as approved by your organization. As you practice and become skilled at providing deworming, you should use a ballpoint pen and make notes on this visual checklist to remind you of important points.

Here are the general steps for using the visual checklist when coaching others to provide deworming:

1. Explain: Use this visual checklist to explain each of the steps in deworming service delivery (using the performance checklist to provide more detailed information).
   • First, show and explain the three parts of the checklist.
   • Then, while everyone points to step 1, ask “What do you see in the picture?”.
   • Next, have one person read the words for step 1 aloud. Take turns doing this for all 31 steps.

2. Demonstrate: Perform all 31 steps in deworming service delivery using this visual checklist.

3. Coach: Ask the service providers to use their copies of the visual checklist to practice giving deworming (usually in pairs) while you observe and provide feedback.

4. Feedback: Give each service provider feedback on steps they are doing well and steps that they need to practice more.

Have one or more copies of this visual checklist available when deworming services are being given. You and the other service providers can refer to the checklist as needed to help ensure that correct and safe services are being provided.

For more information on deworming service delivery including a copy of the performance checklist, a video on how to provide deworming, and other materials, go to the Vitamin Angels’ website at www.vitaminangels.org.

What To Do if a Child Chokes

Staff administering tablets to small children should be trained in what to do if a child chokes. They should also have the authority and respect of the health post staff to act if necessary.

For Very Small Children

• Lay the child’s chest on your thigh, then lean the child’s head down.
• Thump on the middle part of the child’s back 5 times using your palm.

If the problem is not resolved:

• Lay the child on its back.
• Press on the thoracic area of the child 5 times using your 2 fingers.
• Repeat if necessary.

For Older Children

• Lay the child on his/her abdomen on your thigh, then lean the child’s head down.
• Thump on the middle part of the child’s back 5 times using your palm.

If the problem is not resolved:

• Hold the child from behind in a standing position with your hands below the child’s arms just below the rib cage.
• Press the child’s body upwards.
• Repeat if necessary.

Supplies for Deworming distribution:
- Deworming visual checklists
- Deworming tablets
- Alcohol-based hand sanitizer
- Small, clean, white paper
- Glass bottle to crush tablet
- Plastic bag for trash
- Ballpoint pens
- Tally sheet
- Distribution register

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