### Job Aid: Visual Checklist for Giving Vitamin A and Deworming Together

#### Staff administering tablets to small children should be trained in what to do if a child chokes. They should also have the authority and respect of the health post staff to act if necessary.

#### What To Do if a Child Chokes

**For Very Small Children**

1. Lay the child on your lap. If the child is less than 6 months old, lay the child on your thigh. If the child is 6 months or older, lay the child on your abdomen on your thigh, then hold the child from behind in a standing position with your hands just below the rib cage.

2. Give one or more tablets of this visual checklist when coaching others to provide VAS+D services. You and the other service providers can refer to this checklist as needed to help ensure that correct and safe services are being provided.

#### Other effects of deworming: Worms may be in the stool or in very rare cases exit nose or mouth – these can be pulled out or spit out.

#### Benefits of vitamin A and deworming together:

- Strong
- Healthy Eyes
- Free of worms for better nutrition

#### Ask for question

#### Name:
Part 2a

Eligibility Criteria to Qualify

1. Ask for child’s name and health card – use to verify name, age, and last dose
2. Check for eligibility. Child is not eligible for a service unless they meet all criteria listed below that service.
3. Never send vitamin A or deworming home with a caregiver to give to the child later.

Part 2b

Giving Vitamin A

1. Choose dose by age
2. Caregiver holds head and helps child open mouth
3. Cut off capsule tip
4. Do not touch child; give vitamin A
5. Wipe oil off hands and scissors
6. Ask if child has swallowed oil and is okay
7. Discard capsule in waste container
8. Ask if child has consumed any other forms of vitamin A

Part 2c

Giving Deworming

1. Choose dose by age if using a half tablet, store the other half to use for another child.
2. Caregiver holds head and helps child open mouth. Do not touch child, use balled paper to slowly pour powder into child’s mouth
3. Crush tablet into fine powder with a glass bottle. Always crush deworming tablets for all children under 5 years.
4. Discard paper in waste container
5. Ask if child swallowed any of the following today.
6. If so, do not give service and refer child for medical help.

Optional: After giving deworming to a child, you may give them clean drinking water in a clean cup. If clean water is not available, boiling, filtering, or chlorinating water can make it safe to drink.

Alternate Crushing Methods

1. Crush with spoons
2. Crush with mortar and pestle
3. If giving Mebendazole substitute this step for step 24 above
4. Give the caregiver a disposable cup with clean drinking water to give to the child
5. Discard disposable cup in waste container
6. Same dose for ALL children under 5 years

For vitamin A – OBSERVE and make sure there is NO:
- Fever
- Severe Diarrhea
- Severe Difficulty Breathing

For deworming – OBSERVE and make sure there is NO:
- Severe Difficulty Breathing
- Vomiting
- Fever
- Fever Today
- Severe Diarrhea

Qualify for Vitamin A

6-59 Months (6 months up to 5 years)
- 12-36 Months (1 year up to 5 years)

Qualify for Deworming

1. Show vitamin A capsules to caregiver
2. Ask: When did child last receive vitamin A?
3. Check: Vitamin A in past 1 month
4. Ask caregiver if child has any of the following today.
5. If so, do not give service and refer child for medical help.